

1. Coraci D, Loreti C, Granata G, Arezzo MF, Padua L. Carpal tunnel syndrome treatment with palmitoylethanolamide: neurophysiology and ultrasound show small changes in the median nerve.
2. Rothschild JA, Bishop DJ. Effects of Dietary Supplements on Adaptations to Endurance Training. *Sports Med.* 2020 Jan;50(1):25-53.
3. Sun-Edelstein C, Mauskop A. Alternative headache treatments: nutraceuticals, behavioral and physical treatments. *Headache.* 2011 Mar;51(3):469-483.
4. Yesavage JA, Brink TL, Rose TL, Lum O, Huang V, Adey M, Leirer VO. Development and validation of a geriatric depression screening scale: a preliminary report. *J Psychiatr Res.* 1982-1983;17(1):37-49.
5. Ware J Jr, Kosinski M, Keller SD. A 12-Item Short-Form Health Survey: construction of scales and preliminary tests of reliability and validity. *Med Care.* 1996 Mar;34(3):220-33.
6. *Rheumatol Int.* 2018 Jul;38(7):1307-1309.